



FREE EVENT

### MENTAL HEALTH AWARENESS & EMPOWERMENT SUMMIT

**Growing Hope, Building Resilience & Striving Towards Wellness** 

# WELLNESS



#### WORKSHOPS FOR PARENTS & STUDENTS IN MIDDLE & HIGH SCHOOL

We are empowering youth and families through impactful activities focused on mental health, suicide prevention, and social-emotional well-being.



ECKERD COLLEGE

## SATURDAY OCTOBER 19, 2024

10 AM - 3PM

**Eckerd College** 

4200 54th Ave S.

St. Petersburg, FL 33711



## REGISTER

https://registration.socio.events/e/2024youthsummit



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